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Prediction of PK/PD for Intrathecally-Administered Antisense Oligonucleotides

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ROSA Webinar Series

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Michael Monine is an employee of Biogen and holding shares of Biogen

What Are Antisense Oligonucleotides (ASOs)?

- Short, single-stranded, synthetic nucleic acid chains of 18-20 bps in length; MW range is 6-8 kDa
- 2'-MOE ASOs are hydrophilic, highly water soluble, and poly-anionic
- Designed to bind to RNA based on complementary base pairing to modify protein expression or modify splicing

CNS-targeting ASOs

- Both size and charge for most ASOs prevents distribution across Blood-Brain Barrier (BBB)
- Therefore, ASOs must be administered directly into the central nervous system (CNS) space
- The intrathecal (IT) route is often used to provide a substantial distribution advantage to spinal cord and brain tissues

Mechanisms of action for ASOs

- ASO trafficking within cells may occur through multiple pathways involving **productive** and **non-productive** uptake resulting in varying levels of pharmacodynamic activity
- Once delivered to the target tissue, ASOs need to escape endosomes to engage with the intracellular target (e.g., RNA)
- The non-productive pathway may account for the majority of ASOs accumulating in cells

Juliano RL. Nucleic Acid Ther (2018) 28:166–177 Gao et al. Expert Opin Drug Metab Toxicol. (2023) 19:979-990 Koller et al. Nucleic Acids Research (2011) 39: 4795–4807 Bennet, et al. *Annu. Rev. Neurosci*. (2019) 42:385–406 Rigo, et al. *The Journal of Cell Biology* (2012) 199:21-25 Geary, et al. *Adv. Drug Deliv. Rev*. (2015) 87:45-51 Evers, et al. *Advanced Drug Delivery Reviews* (2015) 87:90-103

Examples of IT ASOs and their MoA:

Chimeric 2'-MOE/DNA ASOs

- *Tofersen* (ALS)

dystrophy)

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Enzyme-dependent degradation of

(''gapmers'')

targeted mRNA

NUCLEUS

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LYSOSOMES

What is intrathecal (IT) administration?

- IT administration allows the drug to bypass BBB
- Cerebrospinal fluid (CSF) is not homogeneous (slowly stirred)
- Heartbeat and breathing rates modulate the frequency and magnitude of pressure oscillations in CSF
- Pressure caused by IT injection and slow CSF bulk movement contribute to the upward distribution of IT drugs
- Drugs can be drained from CNS into blood

Summary of the CNS‐**targeted ASO therapeutics launched and under clinical development**

Goto et al. Biopharm Drug Dispos 2023;44:26–47

Abbreviations: AD, Alzheimer's disease; ALS, amyotrophic lateral sclerosis; APP, amyloid precursor protein; AS, Angelman syndrome; ASO, antisense oligonucleotide: ATXN, ataxin; AxD, Alexander disease; C9orf72, chromosome 9 open reading frame 72; CAA, cerebral amyloid angiopathy; CNS, central nervous system; DS, Dravet syndrome; FTD, frontotemporal degeneration; FUS, fused in sarcoma; GFAP, glial fibrillary acidic protein; HD, Huntington's disease; HTT, huntingtin; IT, intrathecal; LRRK, leucine-rich repeat kinase; MAPT, microtubule-associated protein tau; MSA, multiple system atrophy; OT, oligonucleotide therapeutics; PD, Parkinson's disease; SAT3, spinocerebellar ataxia type 3; SCN1A, sodium voltage-gated channel alpha subunit 1; SMA, spinal muscular atrophy; SMN2, survival motor neuron 2; SNCA, synuclein alpha; SOD1, superoxide dismutase 1; UBE3A-ATS, ubiquitin protein ligase E3A-antisense transcript.

Systemic pharmacology of ASOs

Systemic clearance

- Both IT and SC routes of administration cause rapid absorption of ASOs into the systemic circulation
- Mean plasma concentrations generally decrease ≥90% from Cmax by 24 hours
	- Typically, no accumulation in Cmax or AUC after repeated doses (e.g., monthly)
- ASOs in most chemical classes are metabolized by ubiquitous nucleases
- ASOs are highly bound to plasma proteins (> 95%) and distribute primarily to the liver followed by the kidneys
	- Distributions to other systemic organs/tissues are minimal
- Systemic clearance occurs primarily due to either metabolism in blood or excretion in urine

Low risk of DDI and QT prolongation

- Only limited reports of ASOs as substrates, inhibitors or inducers of cytochrome P450 enzymes *in vitro* or *in vivo*
- ASOs are not substrates or inhibitors of uptake or efflux membrane transporters (e.g., OATP, OAT, MDR1, etc.)
- Data from Phase 1 studies of 2'-MOE ASOs at doses up to 400 mg SC or 600 mg IV for 4 weeks suggest a lack of effect on QT intervals

Yu et al. Nucleic Acid Ther (2017) 27:285–294 Gao et al. Expert Opin Drug Metab Toxicol. (2023) 19:979-990

IT administration: approaches to measure ASO exposures in CNS are limited

- Biopsy and microdialysis may be performed under critical conditions
- Sampling from CSF is used as a surrogate
	- Drug concentrations in CSF do not represent target areas
	- May be more closely associated with exposure at the epithelium lining of the ventricular system and spinal cord, but not brain parenchyma or deeper sites of action
- Human applications of PET/CT imaging with radio-labeled molecules and pretargeting technique are in development
	- Still qualitative rather than quantitative

• Not limited by isotope decay

Cook et al. Mol Imaging Biol (2022)

Preclinical data to characterize distribution of intrathecal ASOs

- Human CNS tissues are practically inaccessible to analyze for drug concentrations *in vivo*
- Animal data and animal-to-human scaling become of critical importance
- Due to close similarity to human (e.g., geometry and upright position of the spinal column), non-human primate (NHP) is a suitable species to evaluate PK of IT-administered ASOs
- PK data is being generated in Cyno monkeys for a range of IT-injected ASOs
- The data typically includes time-dependent PK in the **lumbar CSF**, **spinal cord** regions, **brain** regions, **liver**, **kidneys** and **plasma**
- Plasma and lumbar CSF samples:
	- collected during the study in live animals
- Terminal tissue samples:
	- taken upon animal sacrifice

Models of IT ASOs

• Compartmental (pop-PK)

Luu et al. J Clin Pharm (2017), 57:1031–1041 MacCannell et al. Neuromuscul Disord (2021) 31: 310–318 Yamamoto et al. CPT Pharmacometrics Syst Pharmacol (2023) 12:1213–1226

• Physiologically-based PK (PBPK)

Biliouris et al. CPT Pharmacometrics Syst Pharmacol (2018) 7:581–592 Gao et al. Expert Opin Drug Metab Toxicol (2023) 19:979-990 Monine et al. J PKPD (2021) 48:639-654

• Computational Fluid Dynamics (CFD)

Hsu et al. Anesth Analg (2012) 115:386–394 Linninger et al. Front Physiol (2023) 14:1130925 Khani et al. Fluids Barriers CNS (2022) 19:8

$$
\vec{\nabla} \cdot (\rho \vec{\mathbf{u}}) = 0
$$

Dose

intra-thecal

CSF

Plasma
2

Cervical

spinal cord

Thoracic

pinal cord

pinal cord

 $CSE1$

Tissue
V

• Physical *in vitro* models

Seiner et al. Front Neuroimaging (2022) 1:879098

Utilization of a PBPK model to describe PK of IT ASOs

A physiologically-based pharmacokinetic model to describe antisense oligonucleotide distribution after intrathecal administration

Journal of Pharmacokinetics and Pharmacodynamics (2021) 48:639-654 Michael Monine¹ ^o · Daniel Norris² · Yanfeng Wang² · Ivan Nestorov¹ ¹Clinical Pharmacology and Pharmacometrics, Biogen ²PK/Clinical Pharmacology, Ionis Pharmaceuticals

NHP data:

- Lumbar CSF and blood (in live)
- Spinal cord and brain regions (terminal)
- Compartmental structure includes observable tissues in nonhuman primates (NHP)
- All transitions follow the first-order kinetics
- Model parameters are determined based on fitting NHP data

Destructive sampling prohibits estimation of individual (subject-specific) parameters

- Inter-subject variability of the animal population could not be adequately estimated
- Therefore, naïve pooled data approach was used to characterize the central tendency
- Observations were averaged across animals at each time point

CSF and Plasma PK:

- Several in-life timepoints for each animal

PK in tissues:

- A single timepoint for each animal after termination

PBPK model fits average NHP data

- All tested *gapmer* ASOs demonstrated similar PK, which indicates qualitative similarity of biodistribution mechanisms
- Chemical modifications across various ASOs can affect (to some extent) tissue/cellular uptake and elimination rates

Example: Tofersen ASO

Lumbar CSF

- Distribution phase lasts several days
- Elimination half-life in CSF is controlled by $t_{1/2}$ in CNS tissues

Plasma

• Plasma PK follows the CSF PK with 1-2 hrs delay in T_{max} and lower C_{max}

Tissues

- Elimination $t_{1/2}$ is similar across all CNS tissues (1-2 months)
- Liver and kidneys are major ASO elimination organs

Model predicts CNS exposures reaching ~4% of total IT dose, which is greater than could be achieved via IV route

- Shortly after injection:
	- A major transfer to the systemic circulation takes place
	- Almost instantaneous uptake in liver and kidneys, followed by elimination
- Within two days after IT administration:
	- About 4% of the dose reaches CNS tissues, which still greatly exceeds the amounts delivered by IV dose
	- This result can also be seen as first quantitative justification of IT route over other routes (e.g., IV)

Monine et al. J PKPD (2021) 48:639-654

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Early time post-dose distribution: elimination half-life is controlled by CNS tissues

- A few hours after injection: major transfer to the systemic circulation takes place
- Rapid uptake in liver and kidneys, followed by elimination
- Reaches maximum in CNS tissues (spinal cord and brain) within 1-2 days after the injection
- Days-weeks: the rate of release from CNS tissues back to CSF controls the elimination phase in all CNS tissues and CSF

Modeling prospectively predicts human autopsy exposure data in CNS tissues

- ASO concentrations in the CNS tissues are scaled by the corresponding physiological tissue volumes (sizes) assuming equivalence of distribution rates between NHP and humans
- Simulations reproduce dosing and post-dose scenarios for participants with ALS who were treated with tofersen or BIIB078 (investigational *C9orf72* ASO), but passed away due to ALS-related conditions
- The model was not fitted to the autopsy data

Predicting ASO concentrations and target engagement in support of FIH

• Key question: what dose levels/regimen would be required to achieve a desired response in a region of interest (e.g., disease–associated mRNA knockdown in cortex)?

PK/PD: interpretation of CSF protein reduction based on predicted TE in CNS tissues

Tofersen/*SOD1* **ALS ASO: reduction in SOD1 protein and the associated trends towards improvement in physical functions**

- Neuronal degeneration in *SOD1* ALS disorder is considered to be caused by toxic gain of function of the mutant SOD1 protein
- In persons with *SOD1* ALS, tofersen reduced concentrations of SOD1 in CSF and of neurofilament light chains in plasma over 28 weeks
- Longer term data from the OLE showed improvement in ALSFRS-R specifically in the early-start tofersen group

TE was achieved; Consistent trend in clinical effect

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Miller et al. DOI: 10.1056/NEJMoa2204705

C9orf72 **ALS ASO: while treatment led to robust reduction of CSF poly(GP) and poly(GA) proteins, there was no improvement observed in any of the functional scales**

5-90 mg monthly (IT)

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TE was achieved; However, it did not translate into clinical effect

- Based on the results of this Phase 1 study, BIIB078 clinical development has been discontinued, including the open-label extension study
- However, these results will be informative in evolving our understanding of the complex biology of *C9orf72*-ALS

Van den Berg et al. Lancet Neurol. 2024. *Accepted*

Integrating ASO PK model with QSP approach to predict Nf release

Nf adult healthy model

Paris et al. CPT Pharmacometrics Syst Pharmacol 2022; 11:447-457

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- Acknowledged as biomarker of neurodegeneration
- Used in a steadily growing number of clinical trials of different diseases
- Considered for drug approval (tofersen)
- Evaluated as prognostic biomarker

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Integrating ASO PK model with QSP approach to predict Nf release Peripheral Nervous System Central Nervous System

pNfH pediatric SMA model

Paris et al. CPT Pharmacometrics Syst Pharmacol 2023; 12:196-206

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Model application: predicting *SOD1***-ALS disease onset and treatment**

Simulation of disease onset

We included in the model a logistic function simulating the increase of the NfL leakage when the people with ALS passes to the symptomatic phase of the disease

Data from: Benatar et al. *Annals of neurology***,** *84***(1), 130-139, 2018**

Combination of onset and treatment

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Basic conclusions

- Intrathecal (IT) administration of antisense oligonucleotides (ASOs) has become an efficient method for targeting neurodegenerative and neuromuscular disorders
- Dose projection for IT-administered ASOs in humans requires accurate estimation of exposures at target sites within the central nervous system (CNS)
- Since human CNS tissues are practically inaccessible to analyze for ASO concentrations and target engagement in vivo, animal data and animal-to-human scaling become of critical importance in guiding dose selection for first-in-human (FIH) studies
- A preclinical physiologically-based pharmacokinetic (PBPK) model has been developed
	- Describes the whole-body distribution of IT ASOs in non-human primate (NHP) studies
	- Was scaled to human
- Risks remain high due to
	- variability in PK
	- uncertainty in translation of target engagement between species and contribution of pharmacodynamic (PD) response at a tissue level to changes in clinical endpoints
- Integration of the PBPK model with Nf QSP model allowed predicting individual ASO treatment scenarios and the effect on Nf levels

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Backup slides

Dealing with uncertainty and identifiability

Model 1

- Each parameter is uniquely defined
- Describes the data nicely
- *Identifiability problem*

Model 2

- Some parameters are grouped
- Fits the data well
- *More identifiable*

Monine, Norris, Wang, Nestorov. *J PKPD* **(2021) 48:639-654**

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Model performance *vs***. NHP data**

- CSF: distribution phase lasts 2-3 days; sharp initial drop
- Plasma PK follows the CSF PK with 1-2 hrs delay in peak concentration
- Long elimination phase detected in CSF (plasma concentrations drop BLQ)

• Terminal half-life is similar across all sampled CNS tissues $(t_{1/2}$ ~1-1.5 months)

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NHP PK data: dose linearity can be assumed

- **Investigational ASO**: 2'-MOE and PS modified gapmer
- 40-50 animals dosed in a typical NHP study
- Infusion via lumbar puncture at level L3-L4 (slow bolus of 1 mL solution over 1 min)
- Dose-linearity check in tissues: Observed ASO concentrations in CNS tissues appear to be linear with dose
- Observed CSF demonstrates slight non-linearity with dose
- **Models assume overall dose linearity within the studied dose range**

Monine, Norris, Wang, Nestorov. *J PKPD* **(2021) 48:639-654**

Clearance from CSF to blood and uptake in CNS tissues leptomeningeal

- *The perivascular spaces* of cerebral blood vessels have in recent years been the subject of increasing research as pathways for CSF/ISF exchange, but controversy exists over their precise role
- Potential routes of entry from the CSF into the PVS include specialized pores ("stomata") recently demonstrated on the adventitial lining cells of leptomeningeal vessels
- Similar pores may also exist on the pia, providing an additional route into the PVS via the subpial space

Acta Neuropathologica (2018) 135:387-407

