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## Prediction of PK/PD for Intrathecally-Administered Antisense Oligonucleotides

**ROSA Webinar Series** 

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Michael Monine is an employee of Biogen and holding shares of Biogen



## What Are Antisense Oligonucleotides (ASOs)?

- Short, single-stranded, synthetic nucleic acid chains of 18-20 bps in length; MW range is 6-8 kDa
- 2'-MOE ASOs are hydrophilic, highly water soluble, and poly-anionic
- Designed to bind to RNA based on complementary base pairing to modify protein expression or modify splicing

#### **CNS-targeting ASOs**

- Both size and charge for most ASOs prevents distribution across Blood-Brain Barrier (BBB)
- Therefore, ASOs must be administered directly into the central nervous system (CNS) space
- The intrathecal (IT) route is often used to provide a substantial distribution advantage to spinal cord and brain tissues



## **Mechanisms of action for ASOs**

- ASO trafficking within cells may occur through multiple pathways involving productive and **non-productive** uptake resulting in varying levels of pharmacodynamic activity
- Once delivered to the target tissue, ASOs need to escape endosomes to engage with the intracellular target (e.g., RNA)
- The non-productive pathway may account for the majority of ASOs accumulating in cells

Juliano RL. Nucleic Acid Ther (2018) 28:166–177 Gao et al. Expert Opin Drug Metab Toxicol. (2023) 19:979-990 Koller et al. Nucleic Acids Research (2011) 39: 4795-4807 Bennet, et al. Annu. Rev. Neurosci. (2019) 42:385-406 Rigo, et al. The Journal of Cell Biology (2012) 199:21-25 Geary, et al. Adv. Drug Deliv. Rev. (2015) 87:45-51 Evers, et al. Advanced Drug Delivery Reviews (2015) 87:90-103

#### **Examples of IT ASOs and their MoA:**







## What is intrathecal (IT) administration?



- IT administration allows the drug to bypass BBB
- Cerebrospinal fluid (CSF) is not homogeneous (slowly stirred)
- Heartbeat and breathing rates modulate the frequency and magnitude of pressure oscillations in CSF
- Pressure caused by IT injection and slow CSF bulk movement contribute to the upward distribution of IT drugs
- Drugs can be drained from CNS into blood



# Summary of the CNS-targeted ASO therapeutics launched and under clinical development

Goto et al. Biopharm Drug Dispos 2023;44:26–47

Name	Modality	Indication	Target	Route of administration	Development stage	clinicalTrials.gov identifier
Nusinersen	ASO	SMA	SMN2	IT	Launched	NCT02462579
Tofersen	ASO	ALS	SOD1	ІТ	Launched	NCT02623699
ION363	ASO	ALS	FUS	IT	Phase 3	NCT04768972
Zilganersen	ASO	AxD	GFAP	ІТ	Phase 3	NCT04849741
Tominersen	ASO	HD	нтт	ІТ	Phase 3	NCT03842969
IONIS-MAPTRx/ BIIB080	ASO	AD, FTD	MAPT	IT	Phase 2	NCT05399888
ION859/BIIB094	ASO	PD	LRRK2	ΙТ	Phase 2	NCT03976349
STK-001	ASO	DS	SCN1A	ІТ	Phase 2	NCT04740476
GTX-102	ASO	AS	UBE3A- ATS	IT	Phase 1/2	NCT04259281
ION582	ASO	AS	UBE3A- ATS	ІТ	Phase 1/2	NCT05127226
WVE-003	ASO	HD	нтт	IT	Phase 1/2	NCT05032196
WVE-004	ASO	ALS, FTD	C9orf72	ІТ	Phase 1/2	NCT04931862
ION541/BIIB105	ASO	ALS	ATXN2	ІТ	Phase 1	NCT04494256
ION260/BIIB132	ASO	SAT3	ATXN3	ΙТ	Phase 1	NCT05160558
ION464/BIIB101	ASO	MSA, PD	SNCA	ΙТ	Phase 1	NCT04165486
ALN-APP	siRNA	AD, CAA	APP	IT	Phase 1	NCT05231785

Abbreviations: AD, Alzheimer's disease; ALS, amyotrophic lateral sclerosis; APP, amyloid precursor protein; AS, Angelman syndrome; ASO, antisense oligonucleotide; ATXN, ataxin; AxD, Alexander disease; C9orf72, chromosome 9 open reading frame 72; CAA, cerebral amyloid angiopathy; CNS, central nervous system; DS, Dravet syndrome; FTD, frontotemporal degeneration; FUS, fused in sarcoma; GFAP, glial fibrillary acidic protein; HD, Huntington's disease; HTT, huntingtin; IT, intrathecal; LRRK, leucine-rich repeat kinase; MAPT, microtubule-associated protein tau; MSA, multiple system atrophy; OT, oligonucleotide therapeutics; PD, Parkinson's disease; SAT3, spinocerebellar ataxia type 3; SCN1A, sodium voltage-gated channel alpha subunit 1; SMA, spinal muscular atrophy; SMN2, survival motor neuron 2; SNCA, synuclein alpha; SOD1, superoxide dismutase 1; UBE3A-ATS, ubiquitin protein ligase E3A-antisense transcript.



## **Systemic pharmacology of ASOs**

#### Systemic clearance

- Both IT and SC routes of administration cause rapid absorption of ASOs into the systemic circulation
- Mean plasma concentrations generally decrease ≥90% from Cmax by 24 hours
  - Typically, no accumulation in Cmax or AUC after repeated doses (e.g., monthly)
- ASOs in most chemical classes are metabolized by ubiquitous nucleases
- ASOs are highly bound to plasma proteins (> 95%) and distribute primarily to the liver followed by the kidneys
  - Distributions to other systemic organs/tissues are minimal
- Systemic clearance occurs primarily due to either metabolism in blood or excretion in urine

#### Low risk of DDI and QT prolongation

- Only limited reports of ASOs as substrates, inhibitors or inducers of cytochrome P450 enzymes in vitro or in vivo
- ASOs are not substrates or inhibitors of uptake or efflux membrane transporters (e.g., OATP, OAT, MDR1, etc.)
- Data from Phase 1 studies of 2'-MOE ASOs at doses up to 400 mg SC or 600 mg IV for 4 weeks suggest a lack of
  effect on QT intervals

Yu et al. Nucleic Acid Ther (2017) 27:285–294 Gao et al. Expert Opin Drug Metab Toxicol. (2023) 19:979-990



## IT administration: approaches to measure ASO exposures in CNS are limited

- Biopsy and microdialysis may be performed under critical conditions
- Sampling from CSF is used as a surrogate
  - Drug concentrations in CSF do not represent target areas
  - May be more closely associated with exposure at the epithelium lining of the ventricular system and spinal cord, but not brain parenchyma or deeper sites of action
- Human applications of PET/CT imaging with radio-labeled molecules and pretargeting technique are in development
  - Still qualitative rather than quantitative



n vivo "click

and PET imaging

## **Preclinical data to characterize distribution** of intrathecal ASOs

- Human CNS tissues are practically inaccessible to analyze for drug concentrations in vivo
- Animal data and animal-to-human scaling become of critical importance
- Due to close similarity to human (e.g., geometry and upright position of the spinal column), non-human primate (NHP) is a suitable species to evaluate PK of IT-administered ASOs
- PK data is being generated in Cyno monkeys for a range of IT-injected ASOs
- The data typically includes time-dependent PK in the lumbar CSF, spinal cord regions, brain regions, liver, kidneys and plasma
- Plasma and lumbar CSF samples:
  - collected during the study in live animals
- Terminal tissue samples:
  - taken upon animal sacrifice







## **Models of IT ASOs**

#### Compartmental (pop-PK) •

Luu et al. J Clin Pharm (2017), 57:1031-1041 MacCannell et al. Neuromuscul Disord (2021) 31: 310-318 Yamamoto et al. CPT Pharmacometrics Syst Pharmacol (2023) 12:1213–1226

#### Physiologically-based PK (PBPK)

Biliouris et al. CPT Pharmacometrics Syst Pharmacol (2018) 7:581–592 Gao et al. Expert Opin Drug Metab Toxicol (2023) 19:979-990 Monine et al. J PKPD (2021) 48:639-654

Computational Fluid Dynamics (CFD) ٠

Hsu et al. Anesth Analg (2012) 115:386-394 Linninger et al. Front Physiol (2023) 14:1130925 Khani et al. Fluids Barriers CNS (2022) 19:8

$$\hat{\nabla} \cdot (\rho \vec{u}) = 0$$





CNS Tissue V4

CSF1

Cervical

spinal core

Thoracic

spinal cord

oinal cord







#### Physical *in vitro* models ٠

Seiner et al. Front Neuroimaging (2022) 1:879098



## Utilization of a PBPK model to describe PK of IT ASOs

### A physiologically-based pharmacokinetic model to describe antisense oligonucleotide distribution after intrathecal administration

Journal of Pharmacokinetics and Pharmacodynamics (2021) 48:639–654 Michael Monine<sup>1</sup> • Daniel Norris<sup>2</sup> • Yanfeng Wang<sup>2</sup> • Ivan Nestorov<sup>1</sup> <sup>1</sup>Clinical Pharmacology and Pharmacometrics, Biogen <sup>2</sup>PK/Clinical Pharmacology, Ionis Pharmaceuticals

#### NHP data:

- Lumbar CSF and blood (in live)
- Spinal cord and brain regions (terminal)
- Compartmental structure includes observable tissues in nonhuman primates (NHP)
- · All transitions follow the first-order kinetics
- Model parameters are determined based on fitting NHP data





## **Destructive sampling prohibits estimation of individual** (subject-specific) parameters

- Inter-subject variability of the animal population could not be adequately estimated
- Therefore, naïve pooled data approach was used to characterize the central tendency
- Observations were averaged across animals at each time point

#### **CSF and Plasma PK:**

- Several in-life timepoints for each animal

#### PK in tissues:

- A single timepoint for each animal after termination





## **PBPK model fits average NHP data**

- All tested gapmer ASOs demonstrated similar PK, which indicates qualitative similarity of biodistribution mechanisms
- Chemical modifications across various ASOs can affect (to some extent) tissue/cellular uptake and elimination rates

#### Example: Tofersen ASO

#### Lumbar CSF

- Distribution phase lasts several days
- Elimination half-life in CSF is controlled by  $t_{1/2}$  in CNS tissues

#### <u>Plasma</u>

 Plasma PK follows the CSF PK with 1-2 hrs delay in T<sub>max</sub> and lower C<sub>max</sub>



#### <u>Tissues</u>

- Elimination t<sub>1/2</sub> is similar across all CNS tissues (1-2 months)
- Liver and kidneys are major ASO elimination organs





## Model predicts CNS exposures reaching ~4% of total IT dose, which is greater than could be achieved via IV route

- Shortly after injection:
  - A major transfer to the systemic circulation takes place
  - Almost instantaneous uptake in liver and kidneys, followed by elimination
- Within two days after IT administration:
  - About 4% of the dose reaches CNS tissues, which still greatly exceeds the amounts delivered by IV dose
  - This result can also be seen as first quantitative justification of IT route over other routes (e.g., IV)

100 Total CSF amount (% of dose) 60· Eliminate . Liver 50 40 30-Normalized Kidneys 20 10 Spinal cord, CNS tissues { Brain Plasma 0-10 12 2 14 4 6 8 0 Time (days)

Monine et al. J PKPD (2021) 48:639-654

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# Early time post-dose distribution: elimination half-life is controlled by CNS tissues

- A few hours after injection: major transfer to the systemic circulation takes place
- Rapid uptake in liver and kidneys, followed by elimination
- Reaches maximum in CNS tissues (spinal cord and brain) within 1-2 days after the injection
- Days-weeks: the rate of release from CNS tissues back to CSF controls the elimination phase in all CNS tissues and CSF





## Modeling prospectively predicts human autopsy exposure data in CNS tissues

- ASO concentrations in the CNS tissues are scaled by the corresponding physiological tissue volumes (sizes) assuming
  equivalence of distribution rates between NHP and humans
- Simulations reproduce dosing and post-dose scenarios for participants with ALS who were treated with tofersen or BIIB078 (investigational *C9orf72* ASO), but passed away due to ALS-related conditions
- The model was not fitted to the autopsy data



## Predicting ASO concentrations and target engagement in support of FIH

 Key question: what dose levels/regimen would be required to achieve a desired response in a region of interest (e.g., disease-associated mRNA knockdown in cortex)?



## **PK/PD: interpretation of CSF protein reduction based on predicted TE in CNS tissues**





## **Tofersen/SOD1 ALS ASO:** reduction in SOD1 protein and the associated trends towards improvement in physical functions





- Neuronal degeneration in SOD1 ALS disorder is considered to be caused by toxic gain of function of the mutant SOD1 protein
- In persons with SOD1 ALS, tofersen reduced concentrations of SOD1 in CSF and of neurofilament light chains in plasma over 28 weeks
- Longer term data from the OLE showed improvement in ALSFRS-R specifically in the early-start tofersen group



#### TE was achieved; Consistent trend in clinical effect

Miller et al. N Engl J Med 2022;387:1099-110. DOI: 10.1056/NEJMoa2204705

# **C9orf72 ALS ASO:** while treatment led to robust reduction of CSF poly(GP) and poly(GA) proteins, there was no improvement observed in any of the functional scales

### 5-90 mg monthly (IT) Placebo 5 mg 10 mg 20 mg 35 mg 60 mg 90 mg

**TE was achieved;** However, it did not translate into clinical effect



 Based on the results of this Phase 1 study, BIIB078 clinical development has been discontinued, including the open-label extension study

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• However, these results will be informative in evolving our understanding of the complex biology of *C9orf72*-ALS

Van den Berg et al. Lancet Neurol. 2024. Accepted



## Integrating ASO PK model with QSP approach to predict Nf release

#### Nf adult healthy model



Paris et al. CPT Pharmacometrics Syst Pharmacol 2022; 11:447-457

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- Acknowledged as biomarker of neurodegeneration
- Used in a steadily growing number of clinical trials of different diseases
- Considered for drug approval (tofersen)
- Evaluated as prognostic biomarker

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### Integrating ASO PK model with QSP approach to predict Nf release

#### pNfH pediatric SMA model



Paris et al. CPT Pharmacometrics Syst Pharmacol 2023; 12:196-206







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## Model application: predicting SOD1-ALS disease onset and treatment

#### Simulation of disease onset

We included in the model a logistic function simulating the increase of the NfL leakage when the people with ALS passes to the symptomatic phase of the disease



Data from: Benatar et al. Annals of neurology, 84(1), 130-139, 2018

#### **Combination of onset and treatment**



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## **Basic conclusions**

- Intrathecal (IT) administration of antisense oligonucleotides (ASOs) has become an efficient method for targeting neurodegenerative and neuromuscular disorders
- Dose projection for IT-administered ASOs in humans requires accurate estimation of exposures at target sites within the central nervous system (CNS)
- Since human CNS tissues are practically inaccessible to analyze for ASO concentrations and target engagement in vivo, animal data and animal-to-human scaling become of critical importance in guiding dose selection for first-in-human (FIH) studies
- A preclinical physiologically-based pharmacokinetic (PBPK) model has been developed
  - Describes the whole-body distribution of IT ASOs in non-human primate (NHP) studies
  - Was scaled to human
- Risks remain high due to
  - variability in PK
  - uncertainty in translation of target engagement between species and contribution of pharmacodynamic (PD) response at a tissue level to changes in clinical endpoints
- Integration of the PBPK model with Nf QSP model allowed predicting individual ASO treatment scenarios and the effect on Nf levels



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## **Backup slides**



## **Dealing with uncertainty and identifiability**

#### Model 1

- · Each parameter is uniquely defined
- Describes the data nicely •
- Identifiability problem



Model 1 ( $AIC = -18.6$ )			
Value, h <sup>-1</sup>	SE (CV%)		
$k_1^{LT} = 0.6942$	-		
$k_1^{TC} = 5.464$	-		
$k_1^{CP} = 0.09471$	-		
$k_1^{PD} = 0.03722$	56.3		
$k_1^{TL} = 0.1386$	-		
$k_1^{CT} = 2.366$	-		
$k_1^{PC} = 0.05027$	88.2		
$k_1^{DP} = 2.6 \times 10^{-7}$	_		
$k_{12}^L = 1.6 \times 10^{-3}$	29.25		
$k_{12}^T = 3.3 \times 10^{-3}$	-		
$k_{12}^C = 6.1 \times 10^{-4}$	_		
$k_{21}^L = 6.8  imes 10^{-4}$	47.32		
$k_{21}^T = 8.3 \times 10^{-4}$	40.41		
$k_{21}^C = 7.2 \times 10^{-4}$	45.61		
$k_{13}^P = 2.3 \times 10^{-4}$	58.51		
$k_{13}^B = 2.5 \times 10^{-3}$	61.84		
$k_{13}^H = 4.1 \times 10^{-4}$	67.03		
$k_{13}^X = 2.9 \times 10^{-3}$	-		
$k_{31}^P = 7.5 \times 10^{-4}$	48.05		
$k_{31}^B = 6.3 \times 10^{-4}$	59.49		
$k_{31}^H = 7.2 \times 10^{-4}$	56.84		
$k_{31}^X = 1.5 \times 10^{-3}$	-		
$k_{14}^S = 0.2428$	16.35		
$k_{14}^{Br} = 2.3 \times 10^{-3}$	96.86		
$k_{deg} = 5.9  imes 10^{-6}$	-		

#### Model 2

- Some parameters are grouped
- · Fits the data well
- More identifiable

Model 2 ( $AIC =$	-12.5)
Value, h <sup>-1</sup>	SE (CV%)
$k_{\mu p} = 0.2955$	19.3

54.86



Monine, Norris, Wang, Nestorov. J PKPD (2021) 48:639-654

$k_{12}^L = 9.6 \times 10^{-4}$	16.08
$k_{12}^T = 2.3 \times 10^{-3}$	14.55
$k_{12}^C = 1.8  imes 10^{-3}$	17.5
$k_{21}^S = 7.1 \times 10^{-4}$	19.78
$k_{13}^P = 6 \times 10^{-4}$	23.16
· P · · · · · 2	

25.7 30.09 24.78 23.86

$k_{14}^S = 0.2469$	7.469
$k_{14}^{Br} = 0.0403$	32.8
$k_{deg} = 8.4 \times 10^{-8}$	_

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## Model performance vs. NHP data

- CSF: distribution phase lasts 2-3 days; sharp initial drop
- Plasma PK follows the CSF PK with 1-2 hrs delay in peak concentration
- Long elimination phase detected in CSF (plasma concentrations drop BLQ)



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 Terminal half-life is similar across all sampled CNS tissues (t<sub>1/2</sub>~1-1.5 months)



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## NHP PK data: dose linearity can be assumed

- Investigational ASO: 2'-MOE and PS modified gapmer
- 40-50 animals dosed in a typical NHP study
- Infusion via lumbar puncture at level L3-L4 (slow bolus of 1 mL solution over 1 min)
- Dose-linearity check in tissues: Observed ASO concentrations in CNS tissues appear to be linear with dose
- Observed CSF demonstrates slight non-linearity with dose
- Models assume overall dose linearity within the studied dose range







Monine, Norris, Wang, Nestorov. J PKPD (2021) 48:639-654

## Clearance from CSF to blood and uptake in CNS tissues

- *The perivascular spaces* of cerebral blood vessels have in recent years been the subject of increasing research as pathways for CSF/ISF exchange, but controversy exists over their precise role
- Potential routes of entry from the CSF into the PVS include specialized pores ("stomata") recently demonstrated on the adventitial lining cells of leptomeningeal vessels
- Similar pores may also exist on the pia, providing an additional route into the PVS via the subpial space

Acta Neuropathologica (2018) 135:387-407



